

Subject: WELLTH Fund and Health Checks

Dear Healthcare Professional

Introducing the Discovery Health Medical Scheme WELLTH Fund

From 01 January 2023, all Discovery Health Medical Scheme (DHMS) members, across all plans, will have access to a once-off, additional risk benefit called the WELLTH Fund, offering up to R10 000 per family to empower members to understand and address their personal healthcare needs. These are available once all members on the scheme plan have completed the applicable adult or children Health Check.

COVID-19 has had an extraordinary impact on the healthcare choices we make, with many people deferring their routine, preventative care during the past few years. At the same time, people have become more conscious of their health and wellness. To address these gaps in screening and prevention, Discovery Health Medical Scheme developed an innovative WELLTH Fund – an advanced wellness benefit that will give members discretionary access to a range of tailored preventive screenings and other wellness checks.

The WELLTH Fund helps members better understand their health by providing up to R10,000 per family in discretionary wellness benefits for a wide range of important healthcare services focused on proactive care. The WELLTH Fund is designed to empower members to take specific action to reset their health according to their individual health needs.

The WELLTH Fund provides risk cover for a comprehensive list of healthcare services without impacting the member's Medical Savings Account.

The WELLTH Fund is a once-off benefit which is available for use over a maximum of two benefit years and will expire 31 December 2024. New members joining the Scheme from 2023 will have access to the benefit in the year of joining and the year thereafter. The benefit becomes available after all members on the policy have completed their Health Check.

Unlocking the WELLTH Fund

To unlock the WELLTH Fund, all members on the DHMS policy, aged two years and older, must have completed their relevant, in-person Health Check any time from 01 January 2022.

Once all the members on the policy have completed their Health Check, they will have access to a combined, single WELLTH Fund allocation depending on the size and age of members on the policy:

- R2,500 per adult (18 years and older)
- R1,250 per child (over the age of 2 years old)
- Up to an overall maximum limit of **R10,000 per policy**.

What is a Health Check?

The Health Check is a simple and convenient set of the most essential health screening and preventative tests. The Health Check is a Scheme funded benefit available to all members of the Scheme and will not affect the member's Medical Savings Account.

What happens during a Health Check?

During the Health Check, a trained healthcare professional will perform a set of screening and preventative tests including, blood pressure, cholesterol, and glucose screenings, as well as weight and smoking status.

What are the different types of Health Checks?

There are several Health Checks, each designed with specific cohorts in mind. These include:

- Enhanced Health Check for adults (all members 18 years and older)
- Health Check for 65+ (members 65 years and older)
- Kids Health Check (Children aged 2-17 years).

These Health Checks include the following measurements, which need to be captured during the visit.

- 1) **Enhanced Health Check for adults** (all members 18 years and older)
 - Height, weight, and waist circumference
 - Random glucose
 - Blood cholesterol or lipogram
 - Blood pressure
 - Smoking status
 - Short lifestyle questionnaire.

2) Health Check for 65+ (members 65 years and older)

EVHC	[<ul style="list-style-type: none">○ Height, weight, and waist circumference○ Random glucose○ Random total cholesterol○ Blood pressure○ Smoking status○ Short lifestyle questionnaire
SVHC	[<ul style="list-style-type: none">○ Visual screening○ Hearing screening○ Falls risk assessment

3) Kids Health Check

- Growth – height and weight
- Blood pressure
- Age related lifestyle questionnaire.

Attend a training session

Going forward the WELLTH Fund brings more of a focus on the importance of the Kids Health Check assessment, therefore we have scheduled a once off refresher training session on this assessment.

Please click on the below link to register for the training session.

[Register now](#)

Submission of results and claims

Results

- As a partner on the Wellness Network, you are partnered with one of our software vendors to ensure that you have access to the software system that will allow you to upload Health Check results directly to Discovery.
- Each Healthcare Professional must use their unique username and password to log into the system. No sharing of login details is allowed, and professionals are responsible for all activity on their profile.
- The requirement is that all assessments should be captured in real time as and when the assessment is being completed. Should you be experiencing any system related errors, please contact us on vitalityvendorsupport@discovery.co.za for assistance.

Claims

Please submit the relevant claim in real time as and when the assessment is being completed. Please see codes below:

Pharmacy code	Assessment	Code	2022 Rate
001 093 001	Enhanced Health Check for adults	EVHC	258.30
001 055 001	Kids Health Check	VKIDS	87.20
007 842 001	Health Check for 65+. <i>In addition to the EVHC.</i>	SVHC	43.00

The 2023 rates will be communicated in due course.

Thank you for your support in enabling increased patient wellness through possible early detection of disease that enables early intervention and improved health outcomes.

[Read more](#) about the WELLTH Fund.

Yours in wellness,



Suzanne van der Walt

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