

MOTION 2026

DISCOVERY HEALTH MEDICAL SCHEME





Background

A Motion is a written proposal, formally submitted to Discovery Health Medical Scheme (“DHMS”/“the Scheme”) for discussion and possible adoption as a recommendation at the 2026 Annual General Meeting (“AGM”). A Motion must meet all criteria as set out in Rules 25.1.6 and 25.1.7 of the Scheme Rules.

The Scheme Rules require that notices of motions to be placed before the AGM, reach the Principal Officer no later than 14 clear days prior to the date of the meeting. For purposes of the submission of a motion, reference to a clear day contemplates a 24-hour day beginning and ending at midnight. For this purpose, the submission of motions closed at 12:00 midnight on 10 June 2026.

All motions received by the Principal Officer through the Independent Electoral Body (“IEB”) were evaluated by the Board, based on the guidelines as set out in the above Rules and as such one motion will be put to the meeting.

Motion

A motion was received requesting:

“Review of Access to Healthcare for Transgender and Gender Diverse Members.

This review should include, at a minimum:

- *the adequacy, fairness and transparency of current benefit design and funding criteria applicable to healthcare for transgender and gender diverse members, including hormone therapy and gender-affirming surgical interventions;*
- *whether current Scheme rules, clinical criteria, managed care protocols and decision-making processes are enabling or impeding fair access to clinically appropriate healthcare;*
- *whether current approaches are informed by current clinical evidence, recognised standards of care and relevant international and South African clinical guidance, and are consistent with the Scheme's stated constitutional and human-rights values; and*
- *whether members are provided with sufficiently clear, accessible and transparent information to understand applicable criteria, available benefits, review processes and appeal mechanisms.*

The review should be guided by relevant clinical evidence and by South Africa's constitutional values of equality, dignity, privacy and access to healthcare, and should include meaningful engagement with affected members and appropriately qualified clinical, legal and human-rights experts with relevant expertise in human-rights-centred transgender and gender diverse healthcare.

The Board is requested to report back to members on the findings of this review, and on any recommendations arising therefrom.”

Principal Members present at the virtual meeting, are required to vote either **For** or **Against** the above motion or **Abstain** from voting. Voting will take place via the electronic platform, Lumi.