

Team Vitality Club Information Guide



You joined Team Vitality... now what?

Stay on top of your game with the latest running and cycling news delivered to your inbox. Plus, find out everything you want to know about [Team Vitality on our new club website](#) and join weekly training sessions in person at our [Team Vitality Zones](#).

And when you want to get social, our [running](#) and [cycling](#) groups on Facebook are where it's at! Share your snaps and success and get invited to the latest events.

What you can look forward to...

- ♥ A premium running and cycling race kit every two years
- ♥ 50% off your Strava subscription
- ♥ 25% off an ICE ID bracelet
- ♥ Cyclists get one free bike transport and 15% off the second booking
- ♥ 50% cash or Discovery Miles back on [many top races](#) in South Africa
- ♥ Refreshments and a warm sense of community after select races at our VIP hospitality tent.

No one gets left behind.

<p>What's a running licence?</p> <p>Runners in central Gauteng, Gauteng North, KwaZulu-Natal, Eastern Cape, South-West District and Western Cape need an Athletics South Africa (ASA) licence to participate in road races of 10 km or longer. All licensing is done through running clubs.</p>	<p>How to apply for a running licence</p> <p>You can buy your ASA running licence for R135 when you sign up for Team Vitality.</p> <p>Download the ASA application form from the ASA website when it becomes available from January 2024.</p> <p>Complete the form and send it to teamvitality@discovery.co.za.</p>	<p>Your 2024 running licence will be available once we receive it from ASA.</p> <p>Keep using your 2023 licence until then.</p>
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Want to earn more Vitality points and get 50% back on selected race entry fees? Check out our Vitality Race Calendar...

[Show me more!](#)

<p>What to wear to race events</p> <p>ASA rules state that all athletes must run in their officially registered club colours. You must display your ASA licence numbers on the front and the back of your club shirt. Attach the race number over the front licence with the top logos clearly visible. If you have a temporary licence, wear the race number on the front and the temporary licence on the back.</p>	<p>Your new pink Team Vitality kit is the official race kit.</p> <p>We registered our new pink kit as the official race kit in 2022 and all members received one. In 2024, only new members will get a new pink kit. If you already have a pink kit, you'll get another one in 2025.</p>
<p>Pink is our colour. Wear your kit and flood the streets with Vitality vibrance! 💖</p> <p>All Team Vitality Running Club members must wear their pink race kits for race events. Don't be disqualified from races or miss out on VIP treats! We know you love our beautiful additional training kits but let's save those for your training days. 😊</p>	

Official **Team Vitality** Race Kit



Find all your info in your Team Vitality welcome email.

Keep an eye on your inbox or check your spam folder.

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