

VITALITY MOOVE BENEFIT GUIDE



Vitality and Moove Motion Fitness Club

At Moove Motion Fitness Club, you are more than just a member, because they are more than just a gym.

Moove Motion Fitness Club's goal is simple – to help you reach yours! No matter where you are in your health and fitness journey, Moove offers you a wide range of state-of-the-art equipment and facilities, powered by the support of dedicated teams and professionals. In one fitness environment, Vitality members can get fit in a way that best suits them.

About the Vitality Moove gym benefit

Vitality Health members have access to Moove clubs at reduced rates and earn Vitality fitness points for workouts at Moove.

Vitality members will have access to the following:

1. A Vitality Moove monthly gym benefit, which gives members 50% off their standard monthly gym membership fee. Members also get access to 25% off Fit Passes.
2. A Vitality Moove Fit Pass, which gives members access to a 25% discount.

Vitality members who work out at Moove can take maximum advantage of Moove's boutique studios, which offer HIIT boxing, HIIT running or HIIT dance. This depends on the offerings available at the club you choose.

Vitality members on the Vitality gym benefit with Virgin Active or Planet Fitness also qualify for the Vitality Moove gym benefit.

Who may use this benefit?

This benefit is available to Vitality Health members who are 18 years or older.

Vitality Moove gym benefit options

Vitality members get 50% off their standard monthly gym membership fees on selected gym membership contracts when they join a Moove Motion Fitness Club through Discovery Vitality. This gym contract will be for a minimum period of 12 consecutive months.

The following membership contracts qualify for 50% off the standard monthly gym membership fee and access to 25% off Fit Passes:

Gym contract	Description
Moove 12-month debit order (Moove: 12 DO)	Unlimited gym floor access at your home club, including Moove group training sessions.
Moove 12-month debit order All Clubs (Moove: 12 DO All Clubs)	Unlimited gym floor access at any Moove club, including Moove group training sessions.
Fit Unlimited 12-month debit order (Fit Unlimited 12 DO)	Unlimited gym floor access at any Moove club, including unlimited access to all boutique studios and unlimited access to all Moove group training sessions.

The following gym membership contract qualifies for 25% off Fit Pass purchases only:

Gym contract	Description
Moove 12-month Fit Pass	When you buy a Fit Pass, you get access to a class for one day in any of the boutique studios in that particular Moove Motion Fitness Club. You also get access to the gym floor for the day. A Fit Pass is valid for a year from the date of purchase. You will not have to pay any monthly fees.

Vitality members will need to have a qualifying gym contract to be eligible for the 25% discount on the standard retail rates for Fit Passes. The 25% discount applies to both a single Fit Pass and the Fit Pass packages.

To find out what the retail rates are, please contact [Moove Motion Fitness Club](#).

What you pay

Vitality Moove gym benefit

- Vitality members will pay a once-off gym activation fee which is equal to one month's full retail rate of the qualifying gym contract. This applies to each adult who is 18 years or older.
- To find out what the retail rates are, please contact Moove Motion Fitness Club.
- Each Vitality member who joins a Moove Motion Fitness Club through the Vitality Moove gym benefit must pay a tag fee of R99.
- You will pay monthly gym fees at the discounted Vitality rate.

Vitality Moove Fit Pass

- You will pay the cost of the Fit Pass at the Vitality discounted rate.

How to join Moove through the Vitality Moove gym benefit

How to sign up for the qualifying monthly gym contract

Step 1: Choose a club

- Visit www.moovemfc.co.za or call them on 010 595 2262.
- Boutique studios vary from club to club, depending on the facility and products available.

Step 2: Go to your chosen Moove Motion Fitness Club to sign up

- You need to consent to Moove sharing your personal information with Discovery Vitality to check if you qualify for the benefit.
- If you qualify, sign up for a qualifying monthly fee gym contract with the club.
- Pay a once-off gym activation fee equal to one month's full retail club membership rate for each adult who is 18 years or older who wants to join the Vitality Moove 12-month gym contract.
- Pay the Moove admin fee.
- Pay the tag fee of R99.
- Sign a debit order mandate at Moove Motion Fitness Club and provide your banking details for your monthly gym debit order.

How to sign up for the Vitality Moove Fit Pass benefit

Step 1: Choose a club

- Visit www.moovemfc.co.za or call them on 010 595 2262.

Step 2: Create a Moove Motion Fitness Club membership

- Create a Moove Motion Fitness Club membership on www.moovemfc.co.za and consent to Moove sharing your personal information with Discovery Vitality to check if you qualify for the benefit.
- If you qualify, sign up for a Moove Fit Pass gym contract with the club.
- The Moove Fit Pass gym contract does not have any fees attached to it but will allow you to start buying Fit Passes at a discounted rate.
- Purchase your first Fit Pass and enjoy your gym experience at your chosen Moove Motion Fitness Club.

Earn Vitality fitness points

- Vitality members who are aged 18 or older can each earn 100 Vitality fitness points for one workout a day, up to a maximum of 30,000 Vitality fitness points a year for each member.
Important: Additional adult (18 or older) dependants will have separate limits and caps. Please see the [Vitality summary of points](#) for more information.
- Record your workouts on the Vitality iPad application, which is in the club, each time you work out at Moove.
- Members must capture their ID number or Vitality number, date of birth, sex, initials and surname on the Vitality iPad application after their workout. Only events that are logged accurately will be sent to Vitality for points to be awarded.
- Members do not have to register to log their workouts on the Vitality iPad application.
- For the workout to be considered valid for the purposes of this benefit, the Vitality member must exercise for longer than 30 minutes during each visit at their chosen Moove fitness facility.
- Your Vitality points can take up to four days to reflect on your Vitality points tracker on www.discovery.co.za.
- Vitality points will only be awarded for one fitness activity a day.
- If you complete two or more fitness activities in one day, then the higher of the points will be awarded.

Moove retail gym contract for members who join Vitality Health

- If you already have a Moove retail gym contract and then you join Vitality, you can activate the Vitality Moove gym benefit by signing up for one of the qualifying gym contracts mentioned above and following the activation steps.
- You will need to pay a once-off gym activation fee equal to one month's full retail club membership rate.
- From then on, you will get 50% off the monthly gym fees.
- To start earning Vitality fitness points, capture your personal details on the Vitality iPad application in the club once your workout is complete.

Transfers between fitness clubs and upgrades

- To change your fitness club or upgrade your gym contract, call Moove on 010 595 2262.

How to cancel your Vitality Moove monthly gym benefit

- You need to request the cancellation of your gym contract directly with your Moove club.
- You need to give Moove Motion Fitness Club 30 days' notice of your intention to cancel.
- Moove's standard cancellations rules will apply.
- If you are still within your initial 12-month contract period, there is usually a cancellation fee linked to the balance that you owe on the 12-month contract. These details will be in the contract you sign with Moove.
- Your Vitality discount will stop at the end of your notice period.

When this benefit ends

If you are no longer a Vitality Health member, this Vitality benefit will no longer apply. You will need to start paying the standard monthly retail fee or standard retail price of a Fit Pass to Moove.

Acceptance of benefit terms and conditions

By activating the Vitality Moove gym benefit, you agree to the limits, terms and conditions set out in this benefit guide.

Third-party consent when activating any Vitality benefit

By activating this benefit, you consent that Discovery Vitality (Pty) Ltd and Gym Manco SA (Pty) Ltd, trading as Moove Motion Fitness Club, may share your personal information. This includes your:

- Name and surname
- Sex
- ID number
- Date of birth
- Vitality number
- Gym visitation data
- Transaction data.

You agree that your personal information will be processed in line with the Vitality Main Rules for the purpose of effectively administering this benefit.

Need help or additional information?

If you have any questions or need more information about the Vitality Active gym offer, visit the [Discovery Vitality Help page](#)

If, for any reason, there is a conflict between rules in these terms and conditions and the Vitality Main Rules, the Vitality Main Rules for Vitality Active members will always apply.

Keep up to date with the latest news from Vitality:

- [Download the Discovery app.](#)
- Follow Discovery Vitality on [Facebook](#), [X](#) and [Instagram](#).
- [Chat to us on WhatsApp.](#)

Specific limits, terms and conditions apply to each offer or product and may change. We will let you know when we make such changes.

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