

Dear Pharmacist

2019 CDL formulary and CDA benefit

We will be making changes to our medicine list (formulary) and Chronic Drug Amounts (CDAs) for 2019. We want to be sure that our benefits are relevant and current, so these changes are a result of new medicine becoming available, prices of medicine changing and ongoing efforts to reduce the price of medicine for our members.

These changes will come into effect on 1 January 2019 but we will be communicating these changes to our members now so that they have enough time to understand their options, discuss them with you or their doctor and make an informed decision about what action to take

We are confident that these changes will ensure that the majority of Discovery Health Medical Scheme members, and those in the schemes administered by Discovery Health who are registered on the Chronic Illness Benefit, will continue to have full cover for their medicines.

We would like to ask that you assist impacted members with selecting appropriate alternatives where available so that they can avoid or reduce any co-payments.

Viewing the formulary item changes on the screens in your pharmacy:

The changes will be updated at your software vendor to reflect on your screen.

- The aim will be for pharmacists from now until 31 December 2018 to move away from the items that will be omitted from the 1 January 2019 formulary as to limit the effect on your PBR compliance and additional PBR fees.
- Therefore, we will stop highlighting the items on your screens that will be omitted for 2019, although these items will still be on the formulary and PBR fees will still apply until 31 December 2018.
- The 2019 formulary additions will be included from July 2018 and will count towards your PBR compliance and earn you PBR fees

Special request

We are informing you of the benefit changes now to assist with stock management and give you sufficient time to help our members and minimize the effect on your PBR formulary compliance.

Please can you consider stocking the following glucose test strips and glucometers for your KeyCare clients, who are currently using but will not have full cover for, the CareSens strips in 2019

Test fora diamond blood glucose strip NAPPI code 173709
Test strip blood glucose clicks bionime gs550 NAPPI code 276640
Test strip glucose on call plus ez NAPPI code 468774

Regards

Suzanne van der Walt
Discovery Health

The following products will be affected by the changes in the CIB formulary for 2019:

- The aim will be for pharmacists from now until 31 December 2018 to move away from the items that will be omitted from the 1 January 2019 formulary so as to limit the effect on PBR compliance and additional PBR fees.
- The omitted formulary items will not reflect on your pharmacy screens once this change has been implemented by your software vendor even though they will still be on the formulary and PBR fees will still apply until 31 December 2018.

Deleted Product	Alternatives Available	Comment
Insuman comb 30/70 cartridge 3ml	Biosulin 30-70 cartridge 3ml, Humulin 30/70 kwikpen 3ml	
Mengen 1000mg	Bigsens, Diaphage, Romidab, Mylan metformin	
Metored 1000mg	Bigsens, Diaphage, Romidab, Mylan metformin	
Mengen 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Diamin 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Metphage 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Arrow metformin 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Metored 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Sandoz metformin FCT 500mg	Sandoz metformin, Accord metformin, Apex-metformin, Metcheck, Metformin alkem, Bigsens, Romidab, Mylan metformin, Gluconorm, Austell-metformin, Diaphage	
Metformin alkem 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Mengen 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Diamin 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Metphage 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Metored 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Arrow metformin 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Sandoz metformin FCT 850mg	Accord metformin, Metcheck, Bigsens, Diaphage, Romidab, Mylan metformin, Austell-metformin, Gluconorm	
Diaran mr 30mg	Gliclazide unicorn mr, Dyna gliclazide sr	
Glycron 80mg	Sandoz gliclazide, Diaglumed, Adco-glucomed, Mylan gliclazide, Austell-gliclazide, Diagluclide, Glycard	
Sandoz k-600	Ultipot, Slow-k, Plenish k	
Potassium chloride unicorn 600mg	Ultipot, Slow-k, Plenish k	
Zypiron 5ml vial 20mg/1ml	Equifer ampoule 5ml, Sucrofer 5ml, Rautevene solution for injection ampoule 5ml	
Diuresix 40mg	Mylan furosemide, Furobe, Dino-retic	
Bio-atenolol 100mg	Tenopress, B-block, Zetenol	
Gulf atenolol 100mg	Tenopress, B-block, Zetenol	
Bio-atenolol 50mg	Tenopress, Zetenol	
Gulf atenolol 50mg	Tenopress, Zetenol	

Deleted Product	Alternatives Available	Comment
Carvedilol unicorn 12,5mg	Carloc, Carvetrend, Aspen carvedilol, Vediblok	
Carvedilol unicorn 25mg	Carvetrend, Aspen carvedilol, Carloc, Vediblok	
Carvedilol unicorn 6.25mg	Carloc, Carvetrend, Aspen carvedilol, Vediblok	
Envas 10mg	Enalapril biotech, Alapren	
Envas 5mg	Hypace, Alapren, Enalapril biotech	
Ciplasyl 8mg	Spec-perindopril, Perindopril unicorn, Pearinda, Vectoryl	
Lisinopril co unicorn 10mg/12.5mg	Zestoretic 10mg/12.5mg, Lisozide 10mg/12.5mg, Lisoretic 10/12.5, Adco-zetomax co 10/12.5	
Lisinopril co unicorn 20mg/12.5mg	Zestoretic 20mg/12.5mg, Lisozide 20mg/12.5mg, Adco-zetomax co 20/12.5, Lisoretic 20/12.5	
Spec-losartan 100mg	Ciplazar, Zartan	
Losartan unicorn 100mg	Ciplazar, Zartan	
Dynarb 150mg	Jubitan	
Dynarb 300mg	Jubitan	
Zartan co 50mg/12.5mg	Losaar plus 50mg/12.5mg, Netrasol co 50/12.5mg, Losartan co unicorn 50mg/12.5mg	
Hytenza co 50mg/12.5mg	Losaar plus 50mg/12.5mg, Netrasol co 50/12.5mg, Losartan co unicorn 50mg/12.5mg	
Simvacor 40mg	Cipla-simvastatin, Adco-simvastatin, Aspen simvastatin, Choleste, Austell-simvastatin	
Dynator 40mg	Atolip, Adco atorvastatin, Atorvastatin unicorn, Lipogen, Lestavor, Aspavor, Vastor	
Vastor 80mg	Lipogen, Aspavor, Atolip, Lestavor, Astor	
Dynator 80mg	Lipogen, Aspavor, Atolip, Lestavor, Astor	
Lenditro 5mg	Oxyrest, Mylan oxybutynin	
Coxflam 7,5mg	Medoxicam, Flexocam, Apex-meloxicam, Zydus-meloxicam	
Ranfen 400mg	Ibucine, Betaprofen fc, Bren	
Sinemet 25mg/100mg	Teva carbi-levo 25/100, Carbilev 25/100	
Sinemet 25mg/250mg	Teva carbi-levo 25/250, Carbilev 25/250	
Oxpola 0.125mg	Mylan pramipexole, Pexasp, Pramex	
Oxpola 0.25mg	Mylan pramipexole, Pexasp, Pramex	
Oxpola 1mg	Mylan pramipexole, Pexasp, Pramex	
Spec quetiapine 100mg	Mylan quetiapine, Dopaquel, Psyquet, Serez	
Quetiapine biotech 100mg	Mylan quetiapine, Dopaquel, Psyquet, Serez	
Quetoser 100mg	Mylan quetiapine, Dopaquel, Psyquet, Serez	
Spec quetiapine 200mg	Mylan quetiapine, Serez, Dopaquel, Psyquet	
Quetiapine biotech 200mg	Mylan quetiapine, Serez, Dopaquel, Psyquet	
Quetoser 200mg	Mylan quetiapine, Serez, Dopaquel, Psyquet	
Quetiapine biotech 25mg	Mylan quetiapine, Psyquet, Spec quetiapine, Dopaquel, Serez	
Quetoser 25mg	Mylan quetiapine, Psyquet, Spec quetiapine, Dopaquel, Serez	
Quetoser 300mg	Mylan quetiapine, Quetiapine biotech, Serez, Dopaquel, Spec quetiapine, Psyquet	
Perizal 0,5mg	Rispide, Zoxadon, Risnia	
Rispacor 0,5mg	Rispide, Zoxadon, Risnia	
Perizal 1mg	Rispide, Zoxadon, Risnia, Rispevon	
Rispacor 1mg	Rispide, Zoxadon, Risnia, Rispevon	
Perizal 2mg	Rispide, Zoxadon, Risnia, Rispevon	
Rispacor 2mg	Rispide, Zoxadon, Risnia, Rispevon	
Rispacor 3mg	Zoxadon, Rispevon, Risnia	
Perizal 3mg	Zoxadon, Rispevon, Risnia	
Bio citalopram 20mg	Adco-talomil, Cilate	
Zytomil 10mg	Zitolex, Accord escitalopram	
Zytomil 20mg	Zitolex, Marpreem, Accord escitalopram	
Caresens n glucose test strips 29g	Test strip glucose on call plus ez, Test fora diamond blood glucose strip, Test strip blood glucose clicks bionime gs550	Plan type change to Core, Priority, Saver, Comp, Exec

Deleted Product	Alternatives Available	Comment
Accu chek instant strip	Test strip glucose on call plus ez, Test fora diamond blood glucose strip, Test strip blood glucose clicks bionime gs550	Plan type change to Core, Priority, Saver, Comp, Exec
Glucoplus	Test strip glucose on call plus ez, Test fora diamond blood glucose strip, Test strip blood glucose clicks bionime gs550, Freestyle strip optimum glucose test, Test glucochek, Test strip glucose easymax, Test strip onetouch select, Test strip onetouch select plus, Strip accu check glucose active	
Glucoplus provider strips	Test strip glucose on call plus ez, Test fora diamond blood glucose strip, Test strip blood glucose clicks bionime gs550, Freestyle strip optimum glucose test, Test glucochek, Test strip glucose easymax, Test strip onetouch select, Test strip onetouch select plus, Strip accu check glucose active	