

Dear Pharmacist

## Increased rates for pharmacy clinic procedures for 2018

We at Discovery Health encourage members of the medical schemes we administer to take the opportunity to do screening tests at pharmacies in our Wellness Network to find out how healthy they are. Medical Scheme members can also receive vaccinations at pharmacies in our Wellness Network.

We are pleased to announce that the following increased rates will apply from 1 January 2018. Please note changed are in **red**.

Claiming code	Procedure	2018 VAT inclusive	Benefit
0012	Blood glucose –	R 57.80	Patient to pay cash
0013	Blood cholesterol	R 89.30	Patient to pay cash
0015	Blood pressure	R 26.30	Patient to pay cash
0016	HIV pre-counselling	R 96.50	Risk
0017	HIV post-counselling	R70.00	Risk
0021	Administration of subcutaneous or intramuscular injections	R 63.30	MSA
0022	Administration of a vaccine	R 41.40	MSA
WEIGH	Weigh-in	R31.50	Patient to pay cash
SMOKE	Non-smoker's declaration	R31.50	Patient to pay cash
VKIDS	Kids Vitality Health Check – for full basket of tests <ul style="list-style-type: none"> <li>• Height</li> <li>• Weight</li> <li>• Head circumference</li> <li>• Health and milestone tracking</li> </ul>	R73.00	Risk*

**The traditional Vitality Health Check (VHC)** is a simple and convenient set of the most essential health screening and preventive tests.

From 1 January 2018, the traditional VHC will be offered by:

- Anglo Medical Scheme
- Anglovaal Group Medical Scheme
- BMW Employees Medical Aid Society
- Glencore Medical Scheme
- Malcor Medical Aid Scheme
- University of Kwazulu-Natal Medical Scheme

705255001	<p>Vitality Health Check – for full basket of services and tests</p> <ul style="list-style-type: none"> <li>• Blood pressure</li> <li>• Weigh-in: (body mass index and waist circumference)</li> <li>• Blood glucose</li> <li>• Blood cholesterol</li> <li>• Non-smoker’s declaration</li> </ul>	R189.90	Risk *
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**The enhanced Vitality Health Check (EVHC)** includes two new tests, an HbA1c and lipogram, over and above the blood glucose and blood cholesterol:

001093001	<p><b>Enhanced Vitality Health Check</b></p> <ul style="list-style-type: none"> <li>• Blood pressure and</li> <li>• <i>Blood glucose or HbA1c</i></li> <li>• <i>Blood cholesterol or lipogram</i></li> <li>• Body mass index (weight, height &amp; waist circumference)</li> <li>• Non-smokers declaration</li> </ul>	R265.00 <i>(Blended fee)</i>	Risk*
001091001	HbA1c	R157.50	MSA with accumulation*
001092001	LGRAM – Lipogram	R157.50	MSA with accumulation*

\*Frequency limits apply

It is important to notice that only *one Vitality Health Check should be available per scheme* and pharmacy software vendors have been asked to **terminate the traditional Vitality Health Check code 705255001 for the schemes and/or plans listed below.**

The enhanced VHC replaces the traditional VHC and will be offered from 1 January 2018, by:

- Discovery Health Medical Scheme
- LA Health KeyCare
- M-Med Option of the Naspers Medical fund
- Quantum Medical Aid Society
- Retail Medical Scheme
- Tsogo Sun Group Medical Scheme
- **LA Health Medical Scheme**
- **SAB Medical Aid Scheme**
- **Remedi Medical scheme**

- TFG Medical Aid Scheme

Please continue to follow Discovery Health's entry criteria as a precaution not to over-utilise the HbA1c and lipogram.

### Discovery Health entry criteria

Test	Original algorithm	Updated EVHC algorithm
HbA1c (no changes)	BP $\geq$ 140/90 or	
	Glucose $\geq$ 7.8 or	
	BMI $\geq$ 35 for age < 45 or	
	BMI $\geq$ 25* for age 45+	
Lipogram	Total cholesterol $\geq$ 5 or BP $\geq$ 140/90 or	Total cholesterol $\geq$ 5
	HbA1c $\geq$ 6	

\* Waist adjusted BMI

As a participating pharmacy, you have played a significant role in supporting our efforts, enabling increased patient wellness and the possibility of detecting disease early. Thank you for your contribution.

### Contact us

If you need any further information, please visit [www.discovery.co.za](http://www.discovery.co.za) or email us at [healthpartnerinfo@discovery.co.za](mailto:healthpartnerinfo@discovery.co.za)

Regards



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**Discovery Health**