



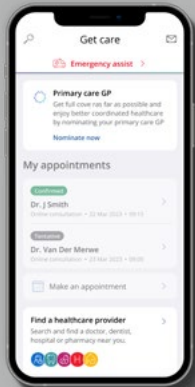
# HOW TO NOMINATE YOUR PRIMARY CARE PROVIDER?

Your primary care doctor should be the first person you call when you have a medical problem that isn't an emergency. To get the best care so that you can be in the best possible health, you should have one doctor who coordinates your care.

When you visit your nominated network GP for the management of your chronic condition, you'll be covered for the consultation in full. If you see a GP who is not your nominated primary care GP, or your nominated GP is not a network GP, for all Discovery Health Medical Scheme health plans except the Executive Plan, you will experience a 20% co-payment.

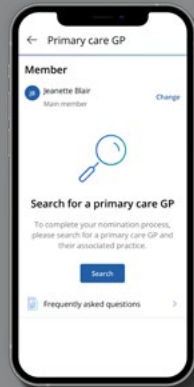
## FOLLOW THESE THREE EASY STEPS TO NOMINATE YOUR PRIMARY CARE DOCTOR:

01



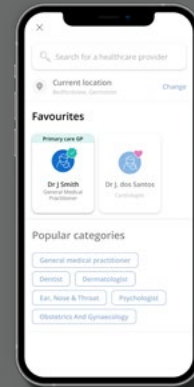
Navigate to Get Care on the **Discovery Health** app

02



Confirm Primary Care GP or search for a GP in your area

03



Nominate your Primary Care doctor

## YOU WILL RECEIVE CONFIRMATION OF YOUR SELECTED DOCTOR

You can view and update your nominated GP at any time. You may change your nominated primary care doctor three times every calendar year.

Ask Discovery now on WhatsApp by saving this number 0860 756 756.

